



1903 Marquette Ave, Suite J, Muskegon, MI 49442

Lesson Plan: BEFAST+ Stroke Assessment Virtual

Topic: BEFAST+ Stroke Assessment

Presenter: Muskegon County Medical Control Authority CE Sponsor Program

Location: <https://wmrmcc.thinkific.com/courses/befast-stroke-assessment>

Credit Category: Medical

License Level: MFR, EMT, SPEC, MEDIC

Credits: 0.5

Format: 0.5 hour lecture

Objectives: Upon completion of this CE, the participants will be able to:

Cognitive

1. Identify the need to better identify stroke symptoms.
2. Identify current practices and how BEFAST will improve outcomes.
3. Identify using BEFAST+ stroke assessment
4. Identify protocols related to stroke care.

Outline for Presentation:

1. Introductions and Overview of Course
2. Discuss science behind B.E.F.A.S.T.+ stroke scale.
3. Review American Heart Association brief report "BE-FAST".
4. Identify how some symptoms of strokes were missed.
5. Identify how to improve determinations of symptoms related to strokes.
6. Identify why the change is made to BEFAST+
7. Discuss how to perform BEFAST+ stroke assessment.
8. Identify the extra "Plus" parts of the assessment.
9. Discuss Stroke or suspected stroke protocol.
10. Discuss BEFAST+ mnemonic.
11. Summary

Student Evaluation Method: There is an eight question quiz that the student must complete with a 90% correct or better grade.